

STANFORD MEDICAL SCHOOL GRADUATE, TRANSFORMATIONAL KEYNOTE SPEAKER, AND STUDENT PRODUCTIVITY FUTURIST

Helping students and premeds
exceed expectations and dominate
inside and outside of the classroom
so they can live their dream.

Dr. Pinesett
THE STUDY DOC™



ABOUT



ANDRE PINESETT, MD, MPH

IS BEST KNOWN BY HIS MONIKER
“THE STUDY DOC” TM

Dr. Pinesett is dedicated to helping students and premeds, with a particular focus on the underrepresented and disadvantaged, maximize their potential in the high-stakes world of higher education.

Dr. Andre Pinesett was a first generation college student. After his freshman year, his college counselor told him he didn't have what it took to be successful and college, that she thought he would flunk out and would never get accepted to any medical school.

Determined to prove her wrong, he started studying neuro-cognitive sciences and productivity EVERYDAY. Eventually, he developed a revolutionary new approach to studying and time management that changed everything and enabled him to DOMINATE college studying only 2 hours per day, attain a 95th percentile MCAT score and gain admission to Stanford Medical School, where he graduated in the top 5% of his class.

EDUCATION & TRAINING

- ⊕ **University of California, Irvine**
BS in Biochemistry and Molecular Biology, Minor in Business Management
- ⊕ **University of California, Los Angeles**
Masters in Public Health, with a focus in Health Services Management
- ⊕ **Stanford University School of Medicine**
Medical Degree (top 5% of class)
- ⊕ **University of California, San Diego**
Anesthesia Residency



SELECTED EXPERIENCES



- + **The Princeton Review**
Strategic Consultant to Admissions Counseling Department (2016)
- + **Stanford Center of Excellence in Diversity in Medical Education**
Outreach Curriculum Contributor (Current)
MCAT Curriculum Contributor (2012 – 2015)
- + **Stanford Health Careers Opportunity Program**
Instructor (2012 – 2015)
- + **California Alliance for Minority Participation Summer Science Academy**
Director (2011)





For over 20 years, Dr. Andre Pinesett has worked with students of all ages to improve their effectiveness through focusing on what really matters to them, utilizing their time better and maximizing their study efficiency.

For over 15 years, he has worked with premeds to un-complicate the medical school admissions process and show premeds how to premed with passion, confidence and efficiency.

***SIMPLIFIED, STEP BY STEP SYSTEMS
TO MAKE STUDENTS AND PREMEDS
HAPPIER AND MORE SUCCESSFUL!***



As part of this mission, Dr. Pinesett travels the country delivering keynotes and holding life-changing workshops for students. Dr. Pinesett's motto is "**No Excuses, Just Dominate**". He stresses personal responsibility and teaches students to stop focusing on their problems and start focusing on solutions and striving for greatness.

The group workshop format makes for an engaging environment and allows students to get unparalleled expertise, while learning that they all share common struggles. They see that other students have the same self-doubt, have the same difficulties, have the same frustrations and need help too. They leave empowered to help themselves improve, but also be more empathetic and supportive of their peers as they understand that everyone has room for growth.

Dr. Pinesett's workshops help students make the most of their time and energy, improve their academic outcomes and develop a love of learning. He is a high-energy, high-content speaker who enlightens, entertains, and inspires students to strive for academic excellence. On stage, Dr. Pinesett has an unmatched energetic flare. He is a dynamic powerhouse of ideas, engaging story-telling and most importantly **ACTION**. Students walk away with high-level actionable knowledge and plans that can be put to use immediately to propel them to new levels.



KEYNOTE

The Group Workshop Format Makes For An Engaging Environment And Reduces The Cost To The Individual Student Substantially

RECENT PRESENTATION TOPICS:

- ⊕ Five Simple Changes To Make Your Med School Dreams Come True
- ⊕ Three Keys To Maximizing Your Pre-med Potential
- ⊕ How To Win the Quest For an Efficient Pre-med Life: 10 Strategies for Doing Less and Achieving More
- ⊕ How To Become A Math Whiz, For People Who Stink at Math
- ⊕ Turning Disadvantage Into Advantage
- ⊕ Five Keys To Medical School Interviewing Like A Boss
- ⊕ Beat The Curve: 2 Simple Study Strategies That Will Change Your Life
- ⊕ Five Simple Changes That Will Cut Your Study Time in Half
- ⊕ Three Mindset Changes That Took Me From the Bottom of The Pre-med Pack to Stanford Medical School
- ⊕ How To Overcome Test-Anxiety and Become a Master Test -Taker



If you're looking for a speaker with the perfect combination of:

- **POWERFUL STORY-TELLING**
- **SIMPLE, STEP-BY-STEP INSTRUCTION**
- **LIFE-CHANGING CONTENT**
- **UNMATCHED ENERGY**
- **UNIQUE ABILITY TO ACTIVELY ENGAGE STUDENTS**

Then look no further!

You can trust Dr. Pinesett to energize and inspire your audience in ways that impact their lives for years to come.

Check out my YouTube for a speaking sample:



TESTIMONIALS

“Dr Pinesett is a pioneer in mentoring and teaching aspiring physicians from all educational levels and demographics. He exudes an aura of confidence that inspires others to follow his example and devote themselves fully into their academics and extracurricular activities. He is an example of an individual that constantly pushes himself past the limits of his own abilities every second, and is an ideal person for every pre-medical student to follow”

— **LH**

“His study techniques provided a structure and strategic approach to learning, rather than just random things, there was a method to the work.”

— **SM**

“Dr. Pinesett is always succinct; he is extremely organized and efficient so he delivers his content in a clear and brief manner. He makes sure that his audience understands both the approach and application, for the topic of interest, while engaging them in his stories. He is also, by far, the most entertaining lecturer I have ever met (and that says a lot!).”

— **AO**

“He made me realize that I was not hungry enough for my dream. I had poor study strategies, I was not efficient at all, I wasted a lot of time, and didn't try to strive for “better”. Now I see the difference between the non-efficient person I used to be and the hungry, productive person I am today.”

— **MM**

More testimonials available upon request

BOOK DR. PINESETT FOR YOUR NEXT MEETING!

- ⊕ **The Study Doc™** specializes in productivity improvement in high-stress academic environments
- ⊕ Speeches and seminars on improving grades, reducing stress and creating a fulfilling life of continuous self-improvement
- ⊕ Breakout sessions cover every aspect of student-life so you can overcome any challenge you may be facing with finding success in higher education
- ⊕ Customized topic content, duration and delivery modality based on you and your audience's needs
- ⊕ Over 15 years of experience engaging young students from diverse backgrounds, and instilling the confidence and skill necessary to unlock their boundless potential

Please email me at
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Sincerely,
Dr. Andre Pinesett





NO EXCUSES, JUST DOMINATE

www.thestudydoc.com

